

## **Executive Committee Region 4 Behavioral Health Board**

March 4, 2021, beginning 9:00 a.m. (MT)

Join Zoom Meeting

https://us02web.zoom.us/j/82384227653?pwd=TU9tQ3JrR3RKcUVhNks2cldnZHpwdz09

Meeting ID: 823 8422 7653
Password: 043752
Call into meeting:
#1-669-900-6833 US (San Jose)
#1-253-215-8782 US (Tacoma)

Central District Health: 707 N. Armstrong Place, Boise, Idaho, 83704

Zoom attendance preferred. Attendance in person requires masks/face coverings to be worn properly and at all times. A face covering must fit close to your face without large side-gaps that covers the nose and mouth. Acceptable face coverings include: Cloth masks made of tightly woven fabrics, such as cotton and cotton blends, and medical and non-medical disposal masks. Any mask that incorporates a valve or vent, or contains openings, holes, or visible gaps is non-compliant. Physical distancing will be observed and as such, in-person attendance capacity will be limited to 6 people.

Time	Agenda Item	Notes
9:00 – 9:05 AM	Welcome	
9:05 – 9:15 AM	Appointing Committee	A motion was made, and seconded, to approve
	Action Item: vote to	Micah Crawford for the Department of Health and
	approve new member	Welfare (DHW) seat on the Region 4 Behavioral
	for the Department of	Health Board. The motion passed unanimously.
	Health and Welfare	Micah's appointment begins April 2021.
	(DHW) seat on the	
	Region 4 Behavioral	Add to March meeting agenda: call for nominations
	Health Board	and vote on new Treasurer
		The Appointing Committee requires a
		representative from DHW. This does not require a
		vote from the Board.
9:15 – 9:45 AM	Strategic Planning	Danielle presented on a potential trauma-
	Projects	informed/resiliency training event. Target
	Dawn Colwell	audiences might include the foster care community,

	Danielle	school staff and teachers, social workers and clinical
	Fanopoulos	staff, and others. CEUs will be offered, depending
		upon the audience. Items to consider included:
		<ul> <li>Funding for presenters (R4BHB or</li> </ul>
		community sponsor)
		Laura K. is available to provide a PTSD and
		resiliency presentation.
		Connect with Optum
		Panel of experts
		May is Mental Health Month and September
		is Suicide Prevention and Recovery Month
		Danielle will reach out to the Youth Subcommittee
		regarding the event. Danielle will also present on
		project during the Board Meeting in April, offering
		the opportunity for Board members to participant
		on this project.
		Dawn presented on the "electronic rolodex" idea.
		Based on the visual <u>network diagram</u> from the
		Idaho Resilience Project, the project would involve
		connecting R4BHB members to the community.
		Categories would be based on Board seats. A full
		proposal will include a sustainability plan. An
		acronym list was requested as part of this project.
		Brenda volunteered to collaborate. Dawn will
		present the project proposal during the Board
		meeting in April.
9:45 – 9:50 AM	Bylaws Update	Add to March agenda
9:50 – 9:55 AM	Confirm March 2021	Confirmed
	meeting agenda	
9:55 – 10:20 AM	Open Discussion	From the Behavioral Health Board Leadership Call –
		a potential grant opportunity through Division of
		Behavioral Health. Monies can be used to provide community based treatment and recovery support
		services, linkages to food and nutrition services, day
		care, housing, etc. (serve people impacted by
		COVID).
		Discussed ICADD cab along bins to the most the
		Discussed ICADD scholarships. In the past, the R4BHB provided two scholarships for individuals
		from counties other than Ada. This year, the
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		meeting will be virtual. Add this discussion item to March meeting agenda.
		Tami will send Jen the budget information and to look into the distinct requirements between federal and state monies.
		Question posed regarding protocols for letters of support from the R4BHB. Recommended to bring this topic up to Leadership and ask Mindy to add to next meeting agenda.
		Include an attendance update during March Board meeting.
10:20 – 10:30 AM	Wrap-up	

Next Executive Committee Meeting: April 1, 2021